



Balanced Life

by Karen Rae®

Inspirational Thoughts to Live by

- "The future belongs to those who BELIEVE in the beauty of their dreams." ~ Eleanor Roosevelt
- "You are never too old to set another goal or to dream a new dream." ~ C.S. Lewis
- "Every pro was once an amateur. Every expert was once a beginner. So dream BIG and start now." ~ Unknown
- "If you're always trying to be normal, you will never know how amazing you can be." ~ Maya Angelou
- "And the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom." ~ Anaïs Nin
- "Consult not your fears but your hopes and your dreams. Think not about your frustrations, but about your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it is still possible for you to do." ~ Pope John XXIII
- "The great courageous act that we must all do, is to have the courage to step out of our history and past so that we can live our dreams." ~ Oprah Winfrey
- "Don't limit yourself. Many people limit themselves to what they think they can do. You can go as far as your mind lets you. What you believe, remember, you can achieve." ~ Mary Kay Ash
- "There is no man living who isn't capable of doing more than he thinks he can do." ~ Henry Ford
- "If your dreams do not scare you, they are not big enough." ~ Ellen Johnson Sirleaf
- "Aim for the moon. If you miss, you may hit a star." ~ W. Clement Stone
- "Let us make our future now, and let us make our dreams tomorrow's reality." ~ Malala Yousafzai
- "Nothing is impossible. The word itself says 'I'm possible!'" ~ Audrey Hepburn
- "Optimism is the faith that leads to achievement." ~ Helen Keller
- "Always remember, you have within you the strength, the patience, and the passion to reach for the stars, to change the world." ~ Harriet Tubman
- "The strongest actions for a woman is to love herself, be herself, and shine amongst those who never believed she could." ~ Unknown
- "You must know that you can do this. You are strong. You will make it. Just hang on and keep believing in yourself, always." ~ Unknown
- "A strong woman looks a challenge dead in the eye and gives it a wink." ~ Gina Carey
- "And one day she discovered that she was fierce, and strong, and full of fire, and that not even she could hold herself back because her passion burned brighter than her fears." ~ Mark Anthony
- "How wonderful it is that nobody need wait a single moment before starting to improve the world." ~ Anne Frank
- "You must be the change you wish to see in the world." ~ Mahatma Gandhi
- "You don't always need a plan. Sometimes you just need to breathe, trust, let go, and see what happens." ~ Mandy Hale
- "Wherever you go, go with all your heart." ~ Confucius
- "We may encounter many defeats, but we must not be defeated." ~ Maya Angelou
- "Rise above the storm and you will find the sunshine." ~ Mario Fernández
- "Life is not easy for any of us. But what of that? We must have perseverance and, above all, confidence in ourselves. We must believe we are gifted for something and that this thing must be attained." ~ Marie Curie
- "Your talent is God's gift to you. What you do with it is your gift back to God." ~ Leo Buscaglia
- "The most difficult thing is the decision to act, the rest is merely tenacity." ~ Amelia Earhart